DNA damage and mutation. Types of DNA damage

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Abstract

This review outlines the basic types of DNA damage caused by exogenous and endogenous factors, analyses the possible consequences of each type of damage and discusses the need for different types of DNA repair. The mechanisms by which a minor damaging event to DNA may eventually result in the introduction of heritable mutation/s are reviewed. The major features of the role of DNA damage in ageing and carcinogenesis are outlined and the role of iatrogenic DNA damage in human health and disease (with curative intent as well as a long-term adverse effect of genotoxic therapies) are discussed in detail.

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1. Introduction

1.1. Basic definitions
As you approach the fire it illuminates,
Warms up and finally burns.
Thoughts of Vantala (c. XII century).
Unlike all other polymers in living cells, DNA cannot be completely broken down to monomers and rebuilt from scratch. Its synthesis always requires a pre-existing single strand of DNA as a template and a double-strand region at least several bp long, providing a 3'-OH group from which the synthesis to start. The DNA of the cell is the single blueprint that contains all the information on how to make a new copy of any other polymer molecule in the cell. Therefore, it is sensible to make sure that the genetic information coded in DNA
could always be recovered even from a single strand. The preservation of the genetic information in its original state is dependent not only on the accuracy of its copying during DNA replication, but also on the timely repair of any event which may compromise the integrity of the DNA molecule and/or may change its building blocks or their arrangement in any manner. Such events constitute DNA damage.

The definitions of DNA damage are numerous in the literature. One of the most succinct but, at the same time, complete definitions is the definition given by Benjamin Lewin in his famous 'Genes' textbook:

"Damage to DNA consists of any change that introduces a deviation from the usual double-helical structure" \[1\].

One of the most commonly used and, in the authors' opinion, the most comprehensive, is the definition of DNA damage given by the US National Library of Medicine, [Unified Medical Language system (UMLS)]:

"Drug- or radiation-induced injuries in DNA that introduce deviations from its normal double-helical conformation. These changes include structural distortions which interfere with replication and transcription, as well as point mutations which disrupt base pairs and exert damaging effects on future generations through changes in DNA sequence".

The latter definition, however, implies that DNA damage is always a product of some external influence, that is, it is not produced by physiological means. This is not true, however, as the most part of DNA damage occurs as a result of normal cellular metabolism. Therefore, for the purposes of the present book, we may adopt the following definition of DNA damage:

"Any modification in the physical and/or chemical structure of DNA resulting in an altered DNA molecule which is different from the original DNA molecule with regard to its physical, chemical and/or structural properties".

To understand more fully the mechanisms of repair of DNA, one needs to be familiar with the basic types of DNA damage and, respectively, the agents which cause it. Basic types of DNA damaging (genotoxic) agents classified by their essential properties are presented below.

1.2. Classification of factors causing DNA damage

1.2.1. Factors of exogenous and endogenous origin

DNA damage may occur under the influence of factors external to the cell (factors of exogenous origin, e.g. environmental factors) or potentially aggressive agents produced by normal cell metabolism (factors of endogenous origin). The consequences for the cell's DNA damage caused by the action of endogenous factors may be more serious and/or more extensive than the effect of most of the exogenous DNA damaging factors. DNA damaging events caused by endogenous factors generally occur much more frequently than damage caused by exogenous factors. For example, several thousands of nitrogenous bases are lost daily from DNA in eukaryotic cells as a result of spontaneous base hydrolysis alone.

DNA damaging factors of endogenous and of exogenous origin may exert their genotoxic action on DNA using the same mechanism. For example, both ionising radiation (an agent of environmental origin) and normal oxidative phosphorylation (obviously of endogenous origin) generate reactive oxygen species which may damage the cell's DNA.
DNA damage may cause appearance of structures that do not occur naturally in DNA or may cause structures that are perfectly normal for some DNA regions, to appear at ectopic sites. For example, thymine dimers are structures which normally do not exist at all in undamaged DNA. Occurrence of triple-strand DNA regions is perfectly in order in certain genome areas, but may accidentally arise de novo in other areas, where it constitutes damage.

DNA damaging agents may work directly on DNA (e.g. base modifying agents) or may induce structural changes that increase the risk for further damage. For example, the occurrence of triple-strand structures in DNA increases the risk for copying errors during subsequent replication of the affected DNA region (see below).

1.2.2. Nature of DNA damaging agents (physical and chemical agents)

Genotoxic agents may be broadly classified into factors of chemical or of physical nature, respectively. Some genotoxic agents are capable of damaging DNA because of both their chemical and their physical properties. The damaging agents acting on DNA by virtue of their physical properties are, for example, short-wavelength electromagnetic energy such as ultraviolet (UV) radiation and ionising radiation. Under specific conditions, low-energy electromagnetic waves, such as infrared radiation (heat) and microwave and radio wave radiation may also cause DNA damage [2, 3]. Among DNA damaging agents of chemical nature prominent are alkylating agents, oxidising agents, chemicals creating DNA-DNA or DNA-protein crosslinks, and others.

DNA damaging agents may work directly on DNA to alter its structure or may exert its activity via inducing structural change which, in turn, alters its properties, or these two may occur simultaneously. For example, agents introducing bulky adducts in DNA work both ways, as they may chemically modify the DNA molecule and at the same time may physically alter (bend, distort, twist) its structure. The latter may increase the risk for additional damage (e.g. introduction of strand breaks).

1.2.3. Factors causing alterations in the information content of DNA and factors causing structural alterations

Damage in DNA is often, but by no means always accompanied by alteration of the information content of DNA. Only certain damaging events, left unrepaired, can produce a lasting, heritable change in the DNA sequence, thus producing a mutation. Among these are, for example, events producing a mismatch in DNA. Mismatched bases are usually recognised and promptly repaired by a designated mismatch repair system, but if the DNA template containing the mismatches is replicated despite the presence of damage, the resulting daughter strands will carry different 'meaning' in their DNA. Since there is no system in the cells that could recognise which daughter molecule is identical to the 'maternal' molecule and which is different, the cell carrying the alteration would faithfully copy the altered sequence during subsequent cell divisions.

DNA damage or erroneous copying of the damaged fragment may change one or more of the building blocks of DNA, but the resulting altered variant may carry the same coding sense. Some types of DNA damage, if they are left unrepaired, would cause replication blockage. Generally, 'nominal' DNA polymerases of replication would stop when they encounter damage in the template. This would, in turn, result in recruitment of the repair
machinery to the blockage site, and the damage would be repaired without any lasting changes in the DNA sequence. Other types of DNA damage (for example, some of the events producing modified nucleotides) are sometimes managed in a manner that accommodates the modified nucleotide/s - that is, they are not exactly ignored, but during replication the fragment containing the modified nucleotide/s is copied in a manner that restores the original sequence, despite the fact that the template is damaged. DNA damage may affect structures of higher order than the nucleotide sequence level. For example, the occurrence of regions with Z-conformation or the already mentioned triple-strand DNA may constitute DNA damage. DNA damage involving higher-order structures may affect crucial cellular processes, but may not be transmitted to the cellular progeny during replication, as the nucleotide sequence remains essentially the same. Other types of alteration of higher-order structures may result in inaccurate copying during replication, which may produce a heritable genetic change (that is, a mutation).

1.2.4. Cytotoxic and genotoxic agents
Factors of any origin which are injurious to living cells may be damaging to the cell as a whole (cytotoxic agents) or specifically damaging to the cellular DNA (genotoxic agents). The same agent may have predominantly cytotoxic or predominantly genotoxic action in living cells depending on the type of the agent, the type of the cells in question and the duration of the action of the damaging agent. For example, ionising radiation may be cytotoxic in large doses, that is, cells and cell populations may die directly as a result of the massive oxidative stress caused by rapid elevation of the levels of free radical species in the cell. In smaller doses, however, ionising radiation may exhibit only genotoxic properties - it produces significant amounts of DNA damage, but not all damaged cells would die, neither straight away nor as a late effect. Same is the case with many chemical damaging agents. For example, aromatic amines (e.g. 2-acetylaminofluorene) in lower concentrations exhibit predominantly genotoxic properties, as they work by introducing bulky adducts in DNA, which makes copying of the templates carrying those adducts difficult and more error-prone than copying undamaged DNA. In larger doses, however, aromatic amines may be directly cytotoxic [4].
Finally, cytotoxic effects may be exerted via genotoxic action. For example, most chemotherapeutic anticancer agents work by introduction of significant amount of damage in DNA in the hope that this may cause rerouting of the cancer cells towards the programmed cell death pathway.

1.2.5. Mutagens and teratogens
Untutored courage is useless in the face of educated bullets.
General George S. Patton (1885-1945)
Those two terms are often used synonymously or, at least, interchangeably, but this is incorrect most of the times. There is an essential difference between the intended targets and sometimes in the modes of action of mutagenic and teratogenic agents. Mutagen is a term that denotes an agent that directly or indirectly affects DNA so that may eventually cause a potentially heritable change in its sequence or structure. Mutagens usually have inherent carcinogenic properties, as the damage caused by their action may trigger neoplastic transformation. Teratogens are by definition agents that may induce abnormal
prenatal development or may increase the risk for such. This, however, may or may not be
related to any change or damage in DNA. For example, thalidomide is known to be a
powerful teratogen (as, unfortunately, was found out the hard way in the 1950's) but is not
a mutagen, as it works by interference with the vascularisation of developing body parts
during the morphogenesis of the embryo. There is no DNA damage involved whatsoever.
UV light is a powerful somatic mutagen but is usually not considered to be a teratogen, as
embryos inside the womb are very well protected from UV irradiation. It is understood,
however, that the same agent may exhibit both mutagenic and teratogenic properties - for
example, ionising radiation or chemical agents such as formaldehyde may very well cause
both somatic mutagenesis and teratogenic effects, but the one does not automatically
include the other as well. The fluorescent dye ethidium bromide, commonly used in
molecular biology laboratories, is considered to be a powerful somatic mutagen
(intercalating agent) but its teratogenic properties have not been definitely proven. It is
possible that the usual mode and level of exposure (usually, skin coming into occasional
contact with diluted solutions) minimise the potential teratogenic effects. Ethidium bromide
was regularly administered in the past in veterinary medicine as an antiprotozoal drug
(specifically, against Trypanosoma spp.), and had been used for over 50 years before being
replaced by more modern drugs [5]. Obviously, if ethidium bromide had a pronounced
teratogenic effect in mammals, it would have been noticed before.

There are special circumstances, however, in which an agent that would normally
demonstrate only mutagenic or only teratogenic properties may occasionally exhibit the
other type of properties. This usually involves a known somatic mutagen acting as a
teratogen under certain conditions. This is usually related to dose- or stage-sensitivity
phenomena. For example, the already mentioned UV light, a known somatic mutagen, has
been documented to actually have weak teratogenic properties. Specifically, it has been
associated with a slight increase in the risk for neural tube defects for children of parents
who have been exposed to therapeutic doses of UV (specifically, during phototherapy for
psoriasis). The teratogenic effects are reportedly exerted via modulation of the folate
metabolism and are usually restricted to very early pregnancy (the first weeks post-
conception) [6, 7]. Occupational exposures to UV of the prospective father (e.g. welding)
have also been found to be associated with slightly increased risk for neural tube defects
(spina bifida) in the offspring [8].

When tested for mutagenic properties (e.g. using the classic Ames test [9, 10]) some
teratogens may test positive for mutagenic properties. The terms 'somatic mutagen' and
'reproductive mutagen' are sometimes used instead of 'mutagen' and 'teratogen' to avoid
confusion.

1.3. DNA damage does not always result in mutagenesis

The root of all superstition is that men observe
when a thing hits, but not when it misses.
Francis Bacon Sr., (1561-1626)

Undoubtedly, an event that occurs tens of thousands times per day can be described as
'common'. Therefore, DNA damage is a very common event indeed. The bulk of this
damage is repaired promptly and accurately by the cellular repair machinery. This
machinery, however, is not perfect (becoming even less so with age), and it may occasionally miss sites of damage or make mistakes - for example, it may add a non-matching nucleotide. Most mismatches in DNA result from errors in template copying during DNA replication. As DNA repair is almost always associated with DNA synthesis, it can produce mismatches as well. The error rate in repair-related DNA synthesis is generally higher ($\approx 10^{-3}-10^{-6}$ per nucleotide per cycle of synthesis for different 'repair' DNA polymerases and for different types of mispairs) than the error rate in replication ($10^{-5}-10^{-7}$ per nucleotide per cycle of replication) [11-15]. Repair-associated DNA synthesis, however, usually acts on much shorter templates than replication-related synthesis. For example, the length of the synthesised DNA fragment in repair by excision of nucleotides is 12-13 nucleotides in prokaryotes and 27-28 nucleotides in eukaryotes [16]. In this case, even an error rate of $10^{-3}$ would not be too high. In any case, there is no significant difference between the net incidence of copying errors during DNA synthesis for repair purposes and in replication.

Unrepaired damage in DNA may eventually bring about the death of the cell (if the damage is too extensive and/or too severe) or it may be retained, tolerated and, if the cell is capable of division, potentially transmitted to the cell's progeny. There are several DNA polymerases capable of copying damaged templates, albeit with a higher error rate, collectively known as the Y-family of polymerases. In prokaryotes, these are DNA polymerases IV and V [17]. In mammals, these are polymerases kappa, eta, zeta and iota [18-21]. "Nominal" DNA polymerases (beta, delta, and lambda) acting in repair DNA synthesis may also make mistakes, albeit at a lower rate than the error-prone polymerases (but at a higher rate than 'replication' polymerases).

In the process of copying a damaged template, the DNA polymerases may add the correct nucleotide and synthesise a complementary strand which is identical in sequence with the template strand; or they may add a mismatched nucleotide, synthesising a daughter strand which carries altered nucleotide sequence at the site where the damage initially occurred. During the next cycle of replication, the altered DNA molecule will produce daughter molecules carrying the altered sequence, transmitting it on to their progeny. Eventually, a mutant clone is created. A genetic alteration which is capable of being transmitted down the generations is called a mutation. Therefore, it is prudent to assume that the main difference between DNA damage and DNA mutation is that DNA mutations are heritable, while DNA damage may be not.

Generally, less than 0.1% (1 out of 1000) of the base substitutions occurring in DNA are retained and, potentially, transmitted to cell progeny. That means that over 99.9% of the damage occurrences are detected and repaired so that no trace of them is left whatsoever. The rate of spontaneous mutation varies between different organisms, but the average estimates may be summarised as follows:

- Viruses with RNA genomes (genome length $\approx 10^4$ nucleotides) - about $10^{-4}-10^{-5}$ per viral genome per cycle of replication;
- Viruses with DNA genomes - for example T4 phage (double-stranded DNA genome, $3 \times 10^5$ bp in length) - about $10^{-6}-10^{-8}$ per viral genome per cycle of replication;
- Bacteria (for example E. coli, genome length ≈10^6 bp) - about 10^{-5}-10^{-10} per cell cycle;
- Monocotyledon plants (for example maize, haploid genome about 2x10^9 bp in length) - about 10^{-6}-10^{-7} per base per generation;
- Invertebrates (for example the fruit fly D. melanogaster, haploid genome about 1.4x10^8 bp in length) - about 10^{-7}-10^{-8} per base per generation;
- Mammals, including humans (nuclear haploid genome about 3x10^9 bp in length) - about 10^{-8} per base per generation.

Mitochondrial DNA (1.66x10^4 bp in humans) has a mutation rate of its own, which is higher than the mutation rate in nuclear DNA - about 10^{-5}-10^{-6} per base per generation [22, 23]. It is easy to calculate that since the incidence of spontaneous mutations in higher eukaryotes is about 10^{-6} per base per generation, in an average genome (about 10^9 bp), every cell division would result in about a dozen mutations [23, 24]. The majority of these mutations, however, would affect non-coding regions; therefore, would remain 'silent' at least for some time, unless the mutation occurred in a region with control functions. Mutations in coding regions do not always result in alteration of the coded information. They may be effectively synonymous, that is, the original codon and the mutant codon would translate to the same amino acid residue (see below). Only a small proportion of all mutations in the coding regions would be non-synonymous substitutions or nonsense mutations (introducing a premature stop codon). This may, in time, together with other mutations, induce cellular senescence or trigger cancerous transformation.

Spontaneous mutagenesis is generally a random process. Even among non-synonymous mutations, resulting in substitutions of amino acid residues in the resultant protein, however, there might be a mutation bias - that is, some nucleotides and some codons may be more frequently affected by mutations than others. For example, it was demonstrated that 30% of the mutations resulting in genetic disease in man affect specifically arginyl and glycyl residues [25, 26]. This cannot be explained by unique coding, as both Arg and Gly are coded by more than three codons (as are, for example, alanine, leucine, proline, serine, threonine and valine), neither is it a question of abundance, as these two amino acids are not among the most abundant in human proteins. Neither is it a matter of chemical properties, as glycine is an aliphatic amino acid while arginine has basic properties. The reason for preferential mutagenesis on some amino acid residues is still unclear.

It has been proposed that the two major factors for cellular ageing are the accumulation of mutations in DNA resulting from replication errors (nucleotide substitutions, nonsense mutations); and the oxidative stress resulting from the genotoxic action of reactive oxygen species (ROS) on mitochondrial DNA [27].

1.4. Accumulation of mutations in DNA may be responsible for 'diseases of old age'

Old age isn’t so bad when you consider the alternative.
Maurice Chevalier (1888-1972)

Despite the fact that the rate of occurrence of DNA damage is very high, the overall mutation rate is very low, thanks to the efficiency of the mechanisms for recognition and repair of damage in normal cells. Every cell cycle is associated with the production of new mutations in the cell's DNA, but discernible signs of ageing or age-related disease...
Degenerative diseases or cancer appear after some time, that is, after the process has been repeated a sufficient number of times so that enough potentially harmful mutations have accumulated.

It is currently believed that accumulation of mutations in eukaryotic DNA may account for the increased prevalence of cancer at advanced age. It was already mentioned, however, that beyond certain age the cancer rate in man actually decreases, and the prevalent causes of mortality in the oldest old are other diseases and conditions, such as infections or multiple organ failure (the latter being the essence of 'dying of old age'). One can suppose that individuals who have lived to >85 years of age without developing cancer of any type must possess a very efficient system of DNA repair which allows them to deal with DNA damage in timely manner so that potentially carcinogenic mutations accumulate at a slower rate.

'Dying of old age' has a lot to do with the capacity to repair DNA damage, but in a different way. Apart from damage repair, other mechanisms for dealing with DNA damage exist in eukaryotic multicellular organisms. These mechanisms are activated when the damage is too extensive or too severe to be repaired. They generally work by inducing permanent cell cycle arrest (replicative senescence) and/or by elimination of the damaged cell from the pool (programmed cell death/apoptosis). Apoptosis is usually completed quickly, sometimes within hours. A cell that has been rendered incapable of further division may live and function for a long time, sometimes weeks, months and years. Eventually, however, it would die. Regardless of the exact mechanism by which a cell died, however, it must be replaced, so that the tissue would continue to function normally. Upon the loss of damaged somatic cell/s, the resident stem cells of the tissue (adult stem cells) are stimulated to divide, producing new precursor cells that would take the pathway of differentiation, eventually becoming specialised cells (or, more typically, producing precursor cells that would undergo multiple divisions during their differentiation, producing many specialised cells). Stem cells in adult tissues, however, have a limited capacity for division, that is, like all somatic cells, their ability to produce new precursor cells diminishes with age and mutations accumulate with every cell cycle. True stem cells in adult tissues are supposed to last for a lifetime; therefore, they are induced to divide only infrequently. The capacity for multiple divisions is usually delegated to their direct descendants - the precursor cells. As age advances, the capacity of adult stem cells to repopulate the tissue they belong to slowly declines, eventually reaching a threshold beyond which the tissue or the organ cannot implement its functions normally. Degenerative disease develops, culminating in organ failure that would eventually kill the multicellular organism. The prevalence of degenerative disease increases as age advances. Efficient DNA repair may stave off the onset of age-related disease, but not indefinitely. It has been proposed that cellular senescence (and its larger-scale counterpart, ageing) have been specifically developed by Nature to ensure that multicellular living creatures are kept healthy during the phase of life in which they are most likely to contribute to the genetic pool; and then removed in order to let their offspring take their place.

1.5. A la guerre comme à la guerre, or how well does DNA repair perform under pressure
War is a series of catastrophes which result in victory.

Albert Pike (1809-1891)

DNA repair works very efficiently in managing everyday DNA damage. How efficient is damage repair, however, in conditions of a severe genotoxic attack? The answer is, again, "very efficient", though within certain limits and dependent on the severity and the duration of the genotoxic effects, the cell type, and the species in question. For example, Deinococcus radiodurans can withstand over ten thousand of Gy with only about 40-50% reduction in survival rates [28]. D. radiodurans cultures were sent in space in 2011 aboard the Phobos-Grunt shuttle along with other model organisms (e.g. Arabidopsis thaliana, also Tardigrade) in order to study the effects of extreme UV and space vacuum on living organisms. The shuttle never actually left Earth orbit, but previous experiments with D. radiodurans in simulated as well as real space flights showed that its survival rates in space may drop drastically but would not actually reach zero [29, 30]. Extreme radioresistance is not limited solely to bacteria. It is widely known that some invertebrates, such as Tardigrade may resist up to 5000 Gy of ionising radiation [31]. The resistance of different cell types to genotoxic attacks may greatly vary. Generally, the higher is the proliferative potential of a cell, the higher its sensitivity to genotoxic agents. Cell that divide rarely (or practically never), such as differentiated neurons, are generally more radioresistant than cells with naturally rapid turnover (blood cells, epithelial cells). Differential resistance to DNA damaging agents is in the basis of modern anticancer therapy. There have been case reports of higher animals and even humans demonstrating remarkable resistance to genotoxic treatments - to an extent, of course. For example, large doses of UV may cause short-term as well as long-term consequences in man, starting from erythema and desquamation and ending with severe eye disease and skin cancer. It is unlikely, however, that UV irradiation would be immediately life-threatening. During a course of cytostatic therapy, an individual may ingest several lethal doses of a genotoxic drug, exhibiting only some adverse effects. As for ionising radiation, though exposure is always undesirable, there are remarkable examples for radioresistance as well. For humans, a whole-body acute dose of 5 Gy is in most cases lethal. Humans, however, can survive doses of 10-15 Gy when administered in fractionated doses of 1.5-2 Gy - with proper medical care, of course. Such dosages are often prescribed in myeloablative regimens before transplantation of haematopoietic stem cells for treatment of haematological cancers. Apart from iatrogenic genotoxicity, there are more notable cases of human radioresistance, though they are usually a product of an accident. For example, among the people who were on site when the Chernobyl incident happened and who were directly involved in the immediate crisis management (e.g. fire-fighters), several survived after receiving acute doses of 4-5 Gy [32]. Leonid Telyatnikov, head of the fire department at the Chernobyl Nuclear Power Plant, who by rough estimates had received 4 Gy, survived for 18 years after the Chernobyl disaster. The 'Atomic Man' Harold McCluskey died 11 years after having received cumulative absorbed doses of 18 Gy to the bone, 520 Gy to bone surface, 8 Gy to the liver and 16 Gy to the lungs during an accident at the Hanford Plutonium Finishing Plant on April 24, 1976 [33]. According to the post-mortem report, the direct cause of death was 'cardiorespiratory failure'. No evidence of overt cancer of any type was found. The only
significant findings were acellularity and fibrosis in the bone marrow, which were likely to be related to irradiation [34].

2. Types of DNA damage

The dangers of life are infinite,  
And safety is among them.  
Johann Wolfgang von Goethe (1749-1832)

Damage to DNA may occur as a result of normal cellular metabolism (endogenous damage) or under influences of origin external to the cell (exogenous damage). Therefore, DNA damaging agents and the associated damage mechanisms may be broadly classified as agents/mechanisms of endogenous or of exogenous origin.

2.1. Damage of endogenous origin

2.1.1. Conversion of one base to another, producing a mismatch

The four nitrogenous bases in DNA may be subject to direct conversion into one another or into rare bases which may have pairing affinity to bases different from the original pairing partner (non-canonical pairing). Base conversion often results from hydrolysis of nitrogenous bases in DNA.

Deamination of nitrogenous bases is a very common type of hydrolytic damage in DNA. For example, deamination of cytosine produces uracil (Fig. 1).

![Figure 1. Deamination of cytosine to uracil.](image)

Uracil pairs more efficiently with A than with G, thereby creating a mismatch. In the next round of DNA replication, this will result in a substitution of a C:G pair with an A:T pair. Adenine may be spontaneously deaminated to hypoxanthine (Fig. 2), the latter pairing more readily with C than with T.
Similarly, guanine deaminates to xanthine, which pairs to thymine instead of cytosine. In both cases deamination results in substitutions of C:G pairs to A:T pairs or vice versa. Modified bases may mispair with partners different from their 'canonical' partners. For example, 5-hydroxyuracil, product of oxidative deamination of cytosine, would pair with G, but also will mispair with any with the other three nucleotides, albeit with somewhat lower affinity.

Base conversions may also result from modification of bases which have already been affected by some other type of modification. For instance, methylation of cytosine on position 5 in the heterocyclic ring produces 5-methylcytosine (Fig. 3a). The resulting 5-methylcytosine may be subsequently deaminated, producing thymine (Fig. 3b) which pairs in a canonical manner with adenine, substituting a C:G pair with a T:A pair in the next round of replication.

Deamination of 5-methylcytosine is a fairly common event, occurring with a frequency no lower than $10^2$ events per mammalian cell per day [36].

Analogues of normal nitrogenous bases may also pair with partners other than the 'canonical' partners. For example, both adenine, which is a 6-aminopurine, and its analogue 2-aminopurine pair with T, but 2-aminopurine may also occasionally pair with C instead.
Mismatched bases in DNA are among the critically important alterations of the information content of DNA. Substitution of bases may produce substitutions of amino acids; therefore, alter partially or completely the properties of the resulting protein. Alternatively, mismatches may introduce a premature stop signal in mRNA, resulting in production of truncated and/or unstable protein or no protein at all. There are designated mechanisms for repair of mismatched bases on DNA. Regions with high CG content (CpG islands) are found in the promoter regions of about 40% of mammalian genes and are generally associated with the control regions of genes [reviewed in 37]. Since a mutation in the control sequences of a transcribed gene would be likely to seriously disturb its expression, there is a special mechanism for repair of mismatches occurring in GC-rich regions of DNA. As deamination of 5-methyl-C in the CpG islands results in a mismatched pair of T/G, this mismatch is repaired by a specific DNA glycosylase - the G/T thymidine glycosylase (TDG) [38]. It seems, however, that the repair mechanism of T/G mismatches is not very efficient on the whole, as methylated cytosine residues constitute a global mutation hotspot in mammalian DNA. In fact, only 3% of the cytosine residues in DNA are methylated, yet a significant proportion of the single-nucleotide substitutions which play a role in human genetic disease (monogenic as well as multifactorial, including hereditary cancer syndromes) occur on methylated cytosine residues [39-41].

2.1.2. Loss of nitrogenous bases due to hydrolysis

Typical example of hydrolytic loss of nitrogenous bases is DNA depurination, a very common type of DNA damage occurring spontaneously $5 \times 10^3 - 1 \times 10^4$ times per genome per day in human cells [42]. In vitro experiments show DNA depurination occurs much faster than depyrimidination. At neutral pH and temperature of 37°C the rate of loss of pyrimidine bases from DNA is about 5% of the rate of loss of purine bases [43-45].

Loss of nitrogenous bases in DNA is strongly dependent on the temperature. At $t=37°C$, the E. coli genome (length in the order of $10^6$ bp) loses on the average one base per cell generation, while at $t=85°C$ the genome of Thermus thermophilus (which is, like E. coli’s genome, about $10^6$ bp in length) may lose up to 300 bases per cell generation [42, 46].

Loss of nitrogenous bases results in abasic sites in DNA. This, in turn, may promote strand breakage and/or mispairing.

2.1.3. Alkylation (most commonly, methylation) of nitrogenous bases
Base alkylation usually affects a nitrogen or an oxygen atom in a nitrogenous base in DNA, producing a variety of modified bases - 5-methylcytosine, 7-methylguanine, 1-methyladenine, etc. as well as alkyl phosphates. Alkylated bases may have different pairing properties from their unmodified counterparts. For example, O6-alkylguanine and O4-alkylthymine tend to pair with non-canonical partners (T and G, respectively), producing a substitution of a G:C to an A:T pair and vice versa \([47, 48]\). Alkylated bases may be subject to further modification, producing bases different from the original base (e.g. 5-methylcytosine being deaminated to thymine).

The alkyl modification is usually in the form of methylation on selected positions in the nitrogenous bases in DNA. While methylation of a base in DNA constitutes a minor structural alteration by itself, the outcomes of its presence in DNA may be very serious. As it was already mentioned, the modified base may be subjected to further modification, efficiently converting one base to another which may later result in DNA mismatch (see below). Even if the presence of the alkylated base in DNA does not increase the risk for base substitutions, it still may produce long-term effects without any further chemical modification. For example, methylation at selected nucleotides may trigger alterations of the chromatin architecture around the site where the modification occurred. This may have many and varied consequences. Methylation at cytosine residues in CpG islands may result in inactivation of the expression of the gene/s under the control of the respective CpG island, as methylation on specific residues in the control regions of genes is a routine mechanism for switching gene expression off. Deregulated DNA methylation is a common finding in tumours. It is believed that it is a microevolutionary event in cancer, as some genes (e.g. coding for products suppressing cell proliferation or acting in DNA repair, such as cyclin kinase inhibitors, BRCA1, retinol-binding protein-1, angiogenesis inhibitor, O6-methylguanine methyltransferase, etc.) must be switched off while others (e.g. genes coding for products which act as positive regulators in cell division, such as growth factor receptors) must be constantly expressed in order to ensure the growth of the tumour \([40, 49]\).

Disorders of methylation may affect not only somatic cells (as in cancer), but also the germline. Several inherited human diseases have been shown to be associated with aberrant methylation. Among these prominent is Rett syndrome, a rare neurodevelopmental disorder caused by mutations in the gene encoding methyl-CpG-binding protein-2 (MECP2), a protein that recognises methylated bases in DNA \([50]\). Mutations in the \(MECP2\) gene have been found also in some of the patients with another neurodevelopmental disorder - Angelman syndrome \([51]\). The clinical manifestations of congenital developmental syndromes associated with deregulation of methylation generally do not include a phenotype of increased cancer-proneness. The major underlying defect is, rather, a global deregulation in switching genes off and on in the correct order during individual development, producing severe developmental delays and neurological, skeletal and other abnormalities.

2.1.4. Oxidation of nitrogenous bases

Oxidation of nitrogenous bases affects the purine bases (A, G) as well as the pyrimidines (C, T). Purine base oxidation results in 8-oxopurines (Fig. 4, upper row on the left) or,
alternatively, if the imidazole ring is opened, in formamidopyrimidines (Fig. 4, lower row on the right). Oxidation products of pyrimidines are usually thymine glycol, uracil glycol, 5-hydroxycytosine and 5-hydroxyuracil (Fig. 4, upper row on the right and middle row) [52]. 1,N(6)-ethenoadenine (Fig. 4, lower row on the left) and other ethenobases are usually products of endogenous lipid peroxidation, but may also occur upon exposure of environmental agents [53].

Base oxidation in DNA is often accompanied by strand breaks (see below), as the same damaging agent (most often, free radical species) can cause both types of DNA damage. Accumulation of oxidative DNA damage (oxidative stress) is believed to be one of the major mechanisms in ageing and disease.

2.1.5. DNA breaks of endogenous origin
Single-strand breaks (SSBs) result from disruption of the phosphodiester bond between two adjacent deoxyribose residues in the backbone of DNA. SSBs are among the most common instances of DNA damage. Double-strand breaks (DSBs) are less common in living cells, and their presence is generally not tolerated.

Strand breaks frequently occur as a result of normal manipulation of DNA during nuclear transactions (untangling DNA during transcription and replication, relaxation of supercoils, etc.). These are, however, usually repaired as part of the process of DNA manipulation, as the enzymes which catalyse the strand breakage (topoisomerases) possess an intrinsic ligation activity as well, allowing them to rejoin the broken strands [54, 55]. Strand breakage may also result from genotoxic stress resulting from the normal cell metabolism - e.g. from oxidative damage caused by accumulation of free radical species. Double-strand DNA breaks (DSB) in DNA occur when the phosphodiester backbone of both the strands of the same DNA helix is broken, the breakpoints being in proximity of each other so that the broken ends may become physically separated. This may happen for a variety of reasons - physiological and pathological alike - and indeed occurs, albeit not very frequently, throughout the life of the cell. Double-strand breaks in normal cells often result from more than one single-strand breaks, occurring in the vicinity of each other, on opposite strands. Persistence of unrepaired DNA breaks in living cells, especially persistence of DSBs may have deleterious effects. The occurrence of a DSB generates unprotected reactive DNA ends which may initiate or/and participate in recombination with DNA regions of partial homology located elsewhere in the genome. This may produce various rearrangements in the genome, such as deletions, translocations, fusion and breakage of chromosomes, cyclisation of chromosomes, appearance of minichromosomes, etc. The regions of homology need not be extensive, as sometimes only several bases would suffice.

Breaks in DNA and specifically DSBs constitute a potent signal for recruitment of the DNA repair machinery at the break site. DNA breaks are normally promptly repaired, unless the mechanisms for recognition or processing of damage of this type are faulty (as is in some inherited diseases associated with genomic instability). Presence of DSBs may be normal for some types of cells, but it is generally restricted to a specific phase of the life cycle of the cell. For example, DSB occurrence is normal in germ cells during meiosis, as it ensures exchange of DNA segments between non-sister chromatids of homologous chromosomes. Also, generation of double-strand breaks is a normal part of the process of development of innate immunity in mammals. Specifically, the differentiation of T-cells and B-cells of the immune system requires introduction of multiple DSBs in their DNA during the process of genomic rearrangements requisite to immunoglobulin class switch recombination (V(D)J recombination).

Generally, the clinical presentation of human diseases and conditions associated with deficiencies of repair of DNA breaks virtually always includes some type of immune disorder and/or predisposition to cancer. Some types of severe combined immune deficiency (SCID) occur because of failed V(D)J recombination during the rearrangement of the T-cell receptor genes in T cells and the immunoglobulin genes in B cells [56, 57]. Nijmegen breakage syndrome and ataxia-telangiectasia are both associated with immune deficiency and propensity for development of various cancers. Ataxia-telangiectasia is an inherited disease
associated with mutations in the gene coding for the protein ATM, one of the sensor molecules for double-strand breaks in DNA. ATM-deficient cells cannot recognise the DSBs in DNA and are unable to induce cell cycle arrest in response to DNA damage; therefore, they will divide, regardless of the presence of DSB in their DNA, until the burden of the DSBs becomes too high and the cells are rerouted to the programmed cell death pathway. Maturing immune cells in the thymus (carrying double-strand breaks because of physiological genome rearrangement) and selected populations of cells in the brain, where DNA is subject to significant oxidative stress (especially the cerebellum), are specifically affected, producing the characteristic phenotype of immunodeficiency and ataxia [58, 59]. ATM patients are generally cancer-prone. Nijmegen breakage syndrome occurs as result of mutation in the gene NBN (NBS1), coding for another sensor molecule for double-strand breaks in DNA, the protein nibrin. The associated disease phenotype is of immune deficiency and increased risk for cancer, but unlike ataxia-telangiectasia, it also includes bone anomalies and general growth retardation [60].

2.2. Damage of exogenous origin

Exogenous agents may cause many different types of damage to DNA, depending on the nature of agent and the substrate on which it works. Some of this damage is specific to the action of exogenous agents only (e.g. dimerisation) while others may be caused by endogenous factors as well (e.g. base alkylaon, strand breaks, etc.)

2.2.1. Dimerisation

Dimers of any type do not normally exist in DNA. Virtually all types of electromagnetic radiation (EMR) may cause dimerisation between bases in DNA, though dimer formation usually results from electromagnetic radiation in the UV range. EMR with energy higher then UV such as ionising radiation (IR) preferentially produces DNA breaks (directly as well as indirectly), whereas lower-energy IR usually exerts its genotoxic effects on DNA by increasing the amount of free radical species in the cell (oxidative damage).

The type of UV-induced damage to DNA is dependent on the wavelength of the UV. Dimers are most often caused by high-energy, short-wavelength UV in the range of 100-300nm (UV-B). Under certain conditions, UV-A light (lower energy, longer wavelength than UV-B (300-400nm)) may also cause direct damage to DNA, including dimers, although the risk for this type of damage is lower than with UV-B. Therefore, when choosing sunscreen products it is sensible to prefer those with UV-A seal or labelled as 'broad-spectrum' (which means that UV-A is screened out as much efficiently as UV-B), as there is a of skin cancer associated with prolonged exposure to UV-A.

Dimerisation may occur between bases belonging to the same strand of DNA or between bases from different DNA strands. It produces two different types of dimers in DNA: 6-4 photoproducts (Fig. 5a) and cyclobutane pyrimidine dimers (CBP) (Fig. 5b).
Figure 5. Dimer products in DNA:

a) 6-4 photoproducts - may be 5'-T-C-3', 5'-C-C-3' or 5'-T-T-3'.
b) Cyclobutane pyrimidine dimer (this is a thymine-thymine dimer).

UV light is unconditionally needed in small doses by all living creatures, as its energy is used many biochemical conversions - e.g. the synthesis of cholecalciferol (Vitamin D3) from 7-dehydrocholesterol in the skin in animals, the synthesis of serotonin in fungi and plants, etc. [61]. It is believed that UV is a major modulator of the serotonin system in man [62, 63]. Larger doses of UV, however, may cause serious damage to skin and mucosa. In the presence of dimers in DNA, eukaryotic cells usually induce cell cycle arrest and employ the mechanism of repair by excision of nucleotides (NER) to remove single-stranded fragments containing the dimer from the damage site and subsequently resynthesise the missing DNA using the intact strand as a template. Alternatively, the damaged cell may be routed to the apoptosis pathway, if the damage caused by UV is too extensive to be repaired. It is believed that unrepaired pyrimidine dimers constitute a basic factor in the pathogenesis of melanoma as well as non-melanoma skin cancer [64, 65]. Living cells are equipped with a set of mechanisms used specifically for combating the adverse consequences of DNA damage caused by UV. These mechanisms may significantly vary in different living creatures. For example, in bacteria there are enzyme activities which may directly reverse the dimerisation reaction, yielding the initial bases (bacterial photolyases). Also, simple organisms may be capable to convert the dimer to some other type of damage that is more easily recognisable by the repair machinery (e.g. T4-endo-V nuclease).

One of the most commonly used anti-UV mechanism in higher animals and in man is simple barrier protection (eumelanin barrier). The barrier properties of melanin against UV irradiation are very efficient, as over 99.9% of the absorbed dose of UV is converted to heat. UV-induced damage actually results from the residual 0.1% of the UV dose, usually UV-B. The melanin content in human skin may vary greatly, which means that different skin types exhibit different degrees of UV-sensitivity. The combined efficiency of the melanin barrier protection and the NER pathway is usually very high in healthy (repair-proficient) individuals and significant risk for carcinogenesis arises only occurs when the natural defences are faulty. The latter may be the case in repair-deficient individuals (some inherited diseases, such as xeroderma pigmentosum) or in repair-proficient individuals, if UV irradiation has
been intense and/or long enough (in ageing) and/or has happened often enough so as to overcome all of the anti-UV defence mechanisms.

2.2.2. Formation of bulky adducts in DNA

Bulky adducts in DNA create steric impediments for processes involving DNA manipulation (transcription, replication). Bulky adducts getting in the way of transcription cause stalling of DNA polymerase II at the damage site and recruitment of the cell repair machinery. The presence of bulky adducts in the DNA of a dividing cell would normally cause replication arrest for assessment of the scope and degree of damage and recruitment of the repair machinery of the cell, or, the damage is deemed to be irreparable, the damaged cell would be routed to the suicide pathway.

Aromatic compounds and, specifically, polycyclic aromatic hydrocarbons (PAH) are among the commonly encountered and potent adduct-forming environmental agents. Another common adduct-forming agent is benzopyrene diol epoxide, which is produced in vivo from benzopyrene (a compound of tobacco smoke). Bulky adducts associated with benzopyrene metabolites have been implicated in the mutagenesis of the TP53 gene in smoking-related lung cancers [66, 67]. Among the other agents responsible for formation of adducts in DNA are trioxsalen (psoralen) - creates interstrand crosslinks; formaldehyde (creates DNA-DNA as well as DNA-protein crosslinks); 2-acetylaminofluorene and its derivatives (forms an adduct at C-8 position in guanine, eventually producing a single-strand break); mitomycin C (also a crosslinking agent); some of the classic anticancer agents (e.g. platinum derivatives) [68]; some of the newer anticancer drugs, such as ellipticine [69]; the fluorescent dye ethidium bromide (an intercalating agent), and many others. Some compounds commonly used in polishing liquids, cleaning liquids, disinfectants or industrial solvents are adduct-forming agents. Among these are, for example, petroleum derivatives and halogenated hydrocarbons (tetrachlorethylene, chlorobutadiene, trichloroethylene), and others. Another group of powerful adduct-forming agents are used as pesticides - alachlor, diquat, chlorothalonil, imidacloprid, and others. Another group of powerful adduct-forming agents are used as pesticides - alachlor, diquat, chlorothalonil, imidaclorpid, and others. Finally, adduct-forming agents may be released in the environment as components of industrial pollution (vinyl chloride, styrene, etc.) [70-72]. Repair of regions containing bulky adducts is a complex task and may require more than one type of repair mechanism. NER is usually involved, and also repair by recombination.

2.2.3. Alkylation of exogenous origin

Among the more commonly encountered alkylating agents are the haloalkanes (dichloromethane, trichloromethane (chloroform), tetrachloromethane), alkyl sulfonates, nitrosoureas, and others. One of the most infamous warfare chemical agents, mustard gas (ypérite, LOST - widely used in World War I and II for its vesicant (blistering) properties), is an alkylating agent. Some of the most potent and widely used anticancer agents ('classic', e.g. nitrogen mustards such as cyclophosphamide or 'non-classic', such as dacarbazine) work by alkylation of DNA (see below).

2.2.4. Free radical species of exogenous origin

Free radical species, including reactive oxygen species (ROS - superoxide radicals, free hydroxyl radicals, etc.) are generated in large quantities as a result of normal cell metabolism, but they may be generated by environmental insults as well. The strength of the genotoxic action of the former is by no means inferior to that of the latter. The majority
of ROS of exogenous origin result from UV irradiation, usually with UV-A (300-400nm). ROS are also generated by radiolysis of water by ionising radiation (alpha, beta or gamma).

2.2.5. DNA breaks induced by exogenous factors
Generally, it takes more intensive treatment to induce a double-strand break than a single-strand break. SSBs may result from a variety of chemical agents, long-wavelength UV and even infrared energy. Exogenously induced DSBs in DNA are usually product of high-energy electromagnetic radiation (specifically ionising radiation) and certain chemicals commonly termed as clastogens. Clastogen is an umbrella term for a variety of agents with genotoxic action which may produce double-strand breaks in DNA. Among these are, for example, commonly used chemicals such as benzene; some dyes, such as acridine yellow; some chemotherapeutic agents (radiomimetics), such as bleomycin and enediynes (e.g. neocarzinostatin); arsenic derivatives (working by increasing the amount of ROS, which, in turn, may induce double-strand breakage); some alkaloids (mimosine), and others. Double-strand breaks may be generated directly (physical breakage of the phosphodiester bond in the DNA backbone - for example, by high-energy particles) or indirectly (e.g. by generation of free radical species, which, in turn, cause double-strand breaks). Ionising radiation may work both ways, while radiomimetic drugs usually employ the latter mechanism.

2.2.6. Thermal (infrared) damage to DNA
Under standard conditions (20°C, 100kPa) heat (infrared energy) may cause single-strand breaks or accelerate base hydrolysis. As we already saw, the loss of bases is not really significant until temperature reaches very high values, so thermal damage is only really important for prokaryotic organisms living in very hot habitats, for example, hot thermal springs, where the ambient temperature may be over 60°C. The DNA damaging effects of broadband infrared radiation is sometimes used in anticancer therapy (photothermal therapy), often together with chemotherapeutic agents [73]. Middle infrared radiation has been shown to induce G2/M cell cycle arrest in some types of cancer cells [74].

2.2.7. DNA damage caused by microwave and radiofrequency electromagnetic radiation
Microwave radiation is electromagnetic radiation with wavelengths in the range of 25µm-1mm and frequency range between 300-3000GHz. Radiofrequency may partially overlap the microwave spectrum, but its wavelengths are generally >1mm (up to 1m) and the frequency range us under 300GHz. Microwave and radio wave energy can inflict direct DNA damage, similar to infrared damage - usually strand breaks and oxidative damage related to increased production of reactive oxygen species [3, 75, 76].

2.2.8. Tautomeric isomerism of nitrogenous bases (keto-enol and amino-imino)
Tautomerisation of nitrogenous bases is usually a product of ionising radiation. Generally, thymine and guanine in DNA are in their keto form rather than enolic from and adenine and cytosine - in amino form rather than imino form (Fig. 6). Different tautomers may exhibit non-canonical pairing preferences. For example, thymine in its enolic from preferentially pairs with guanine and not adenine. Guanine-enol pairs with thymine. Imino-cytosine pairs preferentially with adenine and, finally, adenine in its imino form pairs with cytosine. Thus, in the next cycle of DNA replication, an A:T pair may be substituted to a G:C pair and vice versa [77].
Depending on whether the damage affects the sequence of the nucleotides in DNA or its structural properties, DNA damage can be further subdivided into damage associated with alterations in the information content of DNA or damage associated with structural alterations of DNA. Any of the two basic types of alterations in DNA may produce pathological phenotypes in man.

![Tautomeric isomerism of nitrogenous bases in DNA.](image)

**Figure 6.** Tautomeric isomerism of nitrogenous bases in DNA.

a) keto-enol; b) amino-imino.

2.3. Alterations in the information content of DNA

As DNA is a double-stranded structure and one strand is complementary to the other, the information content is always stored in two copies, the one serving as a template for synthesis of the other. If only one of these copies is intact, the information coded in the
DNA sequence is fully recoverable. Problems arise only in the case where the repair of a damaged region of DNA accidentally produces a sequence which is different from the original blueprint. This may happen for a variety of reasons - from a simple base mismatch to an incorrect strand break repair. As long as the altered DNA serves only as a template for transcription, the problem is still manageable, as the functions of the damaged cell may be overtaken by other cells and differentiated cells usually have a limited lifespan. If the cell is supposed to divide, however, the altered DNA is inherited by its progeny. Changes in the information content of DNA usually do not obstruct or impede in any way the basic processes in the cell which have to do with the storage and propagation of genetic information (replication, transcription). Nevertheless, the cell carrying the genetic alteration and, in the long term, the organism, may suffer serious late consequences. Alterations of the information content of DNA are related directly to the 'sense' of the encoded information. Substitutions of one base with another may result in synthesis of proteins with amino acid substitutions (missense mutations) or in introduction of premature stop signals, producing truncated proteins (nonsense mutations).

2.3.1. Missense mutations

The genetic code is degenerated, that is, one amino acid may be coded by more than one nucleotide triplet combinations. Therefore, a substitution of one nitrogenous base with another would not always result in a change in the information content of the coded fragment. Usually one amino acid residue is coded by at least two triplets. The molecular recognition between the third base of the mRNA codon and the first base of the tRNA anticodon is normally not very stringent due to steric effects. Triplets coding for the same amino acid often differ only in the nucleotide at position three in the triplet \([78]\]). Some amino acids are coded by three or even more different codons, as, is, for example, leucine, which is coded by six different codons (UUA, UUG, CUU, CUC, CUA and CUG). Methionine and tryptophan make the exception to the rule, as they are coded by a single triplet - AUG and UGG, respectively. Whether the properties of the protein produced by translation of the altered DNA sequence would be drastically different from the wild type protein depends largely on the physicochemical properties of the amino acid/s involved in the substitution. At least hypothetically, substitutions between amino acid residues with similar properties would affect the properties of the resultant protein less than substitution between amino acid residues with different properties (e.g. polarity, length of the aliphatic chain, etc.). For example, a substitution of one polar amino acid residue with another polar amino acid residue would affect the properties of the resulting protein to a lesser degree than a substitution of a polar amino acid residue with a nonpolar one (and vice versa). A classic example is the most common mutation causing sickle cell anemia, an A → T substitution in the human beta-globin gene, producing a substitution of a glutamate residue (negatively charged) with a valine residue (electrostatically neutral) in the human beta-globin protein. The mutant beta-globin chain (sickle haemoglobin, HbS) is functionally aberrant and prone to intracellular aggregation. The beta-globin aggregates cause loss of erythrocyte plasticity that may result in haemolysis and vaso-occlusion. This may occur spontaneously (without
an identifiable triggering factor) or following certain triggers (high altitudes, dehydration, metabolic acidosis, etc.). Obviously, single-nucleotide changes in DNA may affect very seriously the properties of the encoded protein. There are exceptions to this, of course. For example, in clinically healthy individuals the gene coding for the blood clotting Factor IX may exist in two alternative forms because of an A-to-G transition in exon VI of the Factor IX gene producing a Thr-to-Ala substitution at position 148 in the protein molecule (Malmö polymorphism) [79]. As with the mutation responsible for most cases of sickle cell anemia, the Malmö polymorphism is essentially a substitution of a polar with a nonpolar amino acid. This, however, does not produce any deleterious effects whatsoever, although nucleotide substitutions elsewhere in the Factor IX gene usually affect the expression of the gene or its properties, producing a phenotype of bleeding diathesis (haemophilia B). Therefore, whether the substitution of one nitrogenous base with another would reflect on the structure and the function of the protein encoded by the altered DNA sequence depends on the type of protein and the mutation site.

Single-nucleotide substitutions may, albeit rarely, produce a beneficial phenotype, that is, they may augment or modify the properties of the encoded proteins so that the carrier individuals may be endowed with some selective advantage. For example, about 25% of the world population are carriers of a variant allele of the peroxisome proliferator-activated receptor γ gene (PPARγ), which is associated with a decreased risk for diabetes type 2 [80]. The polymorphism is a C-to-G transition which translates to a Pro-to-Ala substitution on a protein level. The altered (Ala-containing) protein is associated with increased insulin sensitivity which, in turn, decreases the risk for development of insulin resistance, the latter being a major factor in the pathogenesis of diabetes type 2. This does not mean, of course, that the carriers of the Ala variant of the PPARγ gene are not at risk of developing diabetes type 2 at all, rather, that their risk for it is somewhat lower than the risk for the general population.

Nucleotide substitutions which eventually result in substitution of one amino acid residue to another in protein-coding genes (missense mutations) may affect adversely the properties of the encoded protein with regard to their function and/or stability or may (very rarely) confer selective advantages. Most of the substitution events, however, produce no effect on the phenotype whatsoever or, at least, not any immediate effect (for example, a substitution may produce an effect which manifests only at advanced age or in response to certain triggers). Nonsense mutations and frameshift mutations may produce drastic changes in the properties and/or the expression of the resultant proteins.

2.3.2. Nonsense mutations

Nonsense mutations convert a normal triplet coding for an amino acid residue to a stop signal. This may result in premature degradation of the mRNA containing the illegitimate stop codon (therefore, no protein at all or minimal levels of synthesis) and/or in premature termination of mRNA translation, producing a truncated non-functional protein, or a protein with altered properties. In most cases this affects adversely the properties of the synthesised protein, producing a severe phenotype of genetic disease, or, in cases of somatic mutations of tumour-suppressor genes, cancerous transformation. As always, there
are exceptions to the rule. The specialised literature contains descriptions of rare cases of UV-sensitivity in otherwise clinically healthy adults which were found to be homozygous carriers of nonsense mutations in ERCC6, a gene with crucial role in DNA repair [81-83]. ERCC6 codes for a DNA-dependent ATPase acting in the repair of actively transcribed genomic regions [84, 85]. The mutation causing the rare UV-sensitivity phenotype alters a triplet coding for an arginine residue to a termination codon at position 77 in the protein (R77X). Homozygotes or compound heterozygotes for nonsense or frameshift mutations in the ERCC6 gene usually exhibit the phenotype of Cockayne syndrome type B, consisting of neurological deficits, dysmorphologic features and failure to thrive. The affected individuals rarely survive infancy and childhood; therefore, finding a homozygous mutation introducing a premature termination codon in the same gene in a healthy adult is highly unusual. Nevertheless, several patients with ERCC6-associated UV-sensitivity syndrome have been described so far.

Inherited nonsense mutations usually produce severe phenotypes of genetic disease. It is only to be expected, as they are usually associated with complete lack or a severe deficiency of an important protein. Nonsense mutations are among the most common molecular defects associated with cystic fibrosis (CF), Duchenne/Becker muscular dystrophy (DMD/BMD), beta-thalassemia, Tay-Sachs disease, etc. There is, however, a rare natural workaround mechanism for compensating the deficiency (at least partially). It is not unusual to detect small amounts of normal-sized protein in patients with diseases and conditions due to nonsense mutations, albeit the levels of the deficient protein are usually low or very low. This is believed to result from read-through translation of the defective mRNA sequence which ignores the premature termination codon. Read-through translation may produce an unusually mild phenotype [86, 87]. This phenomenon has been used for development of therapies based on increasing of the prevalence of read-through of termination codons in order to cause amelioration of the disease phenotype. Compounds which have been proven to increase the read-through effect are, for example, aminoglycosides (among these are the still commonly used antibiotics gentamicin and streptomycin). It has already has been proven that these two agents may increase the level of full-length dystrophin protein in patients with Duchenne/Becker muscular dystrophy [88, 89]. 2010 saw the end of a randomised, double-blind, placebo-controlled clinical trials phase 2b of a novel agent, Ataluren (PTC124), which supposedly facilitated the translation through premature stop codons. A phase 3 clinical study has been planned for 2013. In patients with cystic fibrosis associated with nonsense mutations in the CFTR gene, the treatment with Ataluren resulted in a statistically significant increase in the level of full-length CFTR transcripts and in tangible improvement of the transmembrane transport of chloride ions [90, 91]. A phase 3 clinical study by PTC Therapeutics Inc. and Genzyme Corporation began in 2010. Ataluren has shown effectiveness in clinical trials phase 2a for treatment of DMD/BMD as well [92].

A Phase 2 trial of Ataluren for patients with methylmalonic aciduria was initiated in 2010, but no results have been published so far.
Ataluren and the aminoglycoside Genecin have been assessed as termination codon-ignoring agents in other genetic diseases associated with nonsense mutations, such as limb-girdle muscular dystrophy and some types of peroxisome biogenesis disorders [93, 94]. It is notable that the read-through effect of Ataluren is not equally efficient on all termination codons. The suppression of the reading of termination codons is most pronounced for the UGA termination codon (opal) [95].

2.3.3. Frameshift mutations

Frameshift mutations comprise all insertions and deletions of short nucleotide sequences (up to 30-40 bp), the length of which is not a multiple of 3. The open reading frame (ORF) is disrupted beyond the mutation site; therefore, the information content of the nucleic acid would change from this point onward. The properties and/or the stability of the resulting transcript and the encoded protein may change drastically, even if the deletion or insertion is only one or two bp in length.

The deleterious effect of frameshift mutations is related, on the one hand, to the risk of altering the amino acid sequence beyond the site of the mutation, as triplet code may read very differently from the wild type sequence after the insertion or the deletion have occurred (Fig. 7).

![Figure 7. Single-nucleotide (C) deletion shifting the open reading frame and producing altered protein (US National Library of Medicine, Genetics Home Reference)](image)

Reading frames other than the ORF may contain one or more stop codons; therefore, once the frameshift has occurred, the risk for encountering a premature stop codon increases along the length of the mutated sequence. The translation of the mRNA beyond the mutation site is usually terminated early, producing a truncated and/or instable protein.

Frameshift mutations in many human genes are associated with risk of inherited disease. Usually, the defect is more severe in cases of small deletions and insertions of fragments whose length is not a multiple of 3 than of larger (sometimes, much larger) fragments with
length that is a multiple of 3. For example, most deletions in the human F8 gene (even very small ones) usually produce a severe bleeding phenotype with virtually undetectable levels of circulating Factor VIII protein. An exception is the deletion of exon 22 (156 bp, that is, multiple of 3) [96]. It produces a mild phenotype because of the in-frame splicing between the adjacent exons. There is also one famous report of a patient with very mild phenotype of Becker muscular dystrophy, in which the molecular analysis showed deletion of 46% of the coding sequences in the dystrophin gene (5106 bp, that is, a multiple of 3) [97].

There is one particular frameshift mutation in a human gene which brings more than one selective advantages to its carriers, (especially homozygous carriers). It is commonly seen throughout Europe (though areas of high and low prevalence exist) and rare in Africa and Asia. The mutation in question is a 32 bp (that is, frameshift) deletion in the human chemokine receptor 5 gene. The homozygous carrier ships of the CCR5del32 has been known for almost 20 years to be associated with delayed progression from HIV carrier ship to overt HIV-related disease in HIV-infected individuals [98]. In 2005, Goulding et al. reported that CCR5del32 heterozygotes showed higher spontaneous clearance of hepatitis C virus (HCV) compared with carriers of the wild type CCR5 allele [99]. Indeed, being an infected CCR5del32 carrier does not mean that one cannot infect others, and not all carriers of the CCRdel32 actually feel the beneficial effects of the mutation, as the course of infectious disease depends on many factors. Still, the carriers of the CCR5del32 mutation are at an advantage when it comes to resistance to some viral infections compared to non-carriers. What is more, it has been found that carrier ship of CCR5del32 alleles is associated with decreased risk for diabetes type 1 [100]. No disease or condition has yet been identified to be associated with carrier ship of the CCR5del32 deletion, except for increased susceptibility to symptomatic infection with West Nile virus in del32 homozygotes [101].

A novel therapeutic approach has been developed for human diseases due to mutations disrupting the reading frame, too. This is exon-skipping therapy (EST), which works basically by eliminating the exon containing the molecular defect from the polypeptide chain (adjacent exon/s may be removed as well). Thus, the resultant protein may be truncated but at least some of its functions may be restored, provided that the remaining exons are spliced in-frame. The EST approach is applicable to nonsense mutations as well. As in read-through therapy of (see above), the main goal of exon skipping for treatment of disease is not cure, but, rather, an amelioration of the disease phenotype. If we use DMD/BMD as example again, frameshift mutations usually produce a severe DMD phenotype with very low or undetectable levels of dystrophin while deletions of one or more exons usually produce the milder Becker phenotype (as long as the remaining exons are spliced in-frame), where dystrophin is present but its functional ity is altered. Therefore, skipping one or two exons may produce a phenotype modification, shifting the clinical manifestations from the more severe form (DMD) towards the milder phenotype (BMD). The latter may make all the difference to the patients and their families, as DMD patients usually have earlier onset of the disease, more rapid progression of muscle wasting and shorter life expectancy (usually below 25 years), while BMD patients usually exhibit a later onset, slower disease progression and may have life expectancy well into their 40-ties and beyond. The therapeutic agents used in EST are antisense RNA oligomers which work by switching splice
sites in mRNA [102, 103]. Different sets of antisense oligomers produce splice sites switches of different exons; therefore, a variety of sets have been developed [104]. At the moment, DMD/BMD is the main therapeutic target of exon skipping therapy, as it is one of the most common severe inherited diseases, its clinical course is progressive and debilitating; and no other efficient cure has been found yet. One of the major hotspots in the human dystrophin gene is located between exons 45 and 51 [105]. The in vitro and in vivo application of antisense nucleotides designed to target the 5’- and 3’- splice sites of exon 51 (AVI-4658 (AVI Biopharma), also Eteplirsen (Sarepta Therapeutics) in DMD cells leads to production of truncated, yet partially functional dystrophin, in which several of the exons are missing but the ORF remains intact [106]. A dose-controlled trial of AVI-4658 in DMD patients began in 2008, which reportedly produced measurable beneficial effects in over 30% of the patients [107, 108]. Phase II clinical trials for use in the treatment of Duchenne muscular dystrophy were successfully completed in 2011 for another exon-skipping agent - PRO-051 (drisapersen) (Prosensa Therapeutics and GlaxoSmithKline) [109, 110].

2.4. Structural alterations in DNA

Examples for structural DNA alterations are single-strand or double-strand breaks, genomic rearrangements, abasic sites, covalent linkages between nitrogenous bases in the same strand or different strands, DNA-protein crosslinks, Z-form of DNA, triple-stranded DNA, etc. Base mismatches (before they are converted to alterations in the ‘sense’ of the sequence) are also believed to constitute structural alterations in DNA.

Structural alterations in DNA create steric impediments to DNA replication and/or transcription. Copying of altered DNA may be temporarily stalled or arrested altogether. DNA templates carrying structural alterations may be copied incorrectly, efficiently producing a heritable mutation. Also, alterations in the information content of DNA may result in structural changes. For example, expansion of repeats in DNA, which is, essentially, an alteration of its information content, may increase the probability of forming alternative structures in DNA, such as triple-helix regions [111]. Generally, alterations in DNA information content and in DNA structure almost always go hand in hand, as the occurrence of the one may result in the other.

2.4.1. Genomic rearrangements

Rearrangements are not uncommon events in eukaryotic genomes. They may occur in the germline, producing abnormal karyotypes (with or without associated disease) or in somatic cells (which may result in cancer). For example, a common cytogenetic abnormality found in the majority of patients with chronic myelogenous leukemia (CML) is the Philadelphia chromosome [112]. The Philadelphia chromosome is a fusion product of reciprocal translocation of genomic regions between human chromosomes 9 and 22. More specifically, a region including the ABL proto-oncogene is translocated from chromosome 9 to chromosome 22 and the gene coding for the beta polypeptide of the platelet-derived growth factor (PDGF, also called SIS oncogene) is reciprocally translocated from chromosome 22 to chromosome 9 [113, 114]. The translocated ABL gene is embedded into the gene coding for the protein kinase BCR [115]. The resulting fusion protein has tyrosine kinase activity and is constitutively activated. It stimulates the transcription of several target genes encoding products acting in the positive regulation of the cell cycle, such as the RAS
family of proto-oncogenes, *STAT5* (signal transducer and activator of transcription-5), *c-MYC*, the genes coding for cyclin D1 and phosphatidylinositol 3-kinase, and others, all of which have been found to be implicated in the development of leukemia [116]. Eventually, this may result in abnormal clonal proliferation of white blood cell precursors of the granulocyte lineage, producing the phenotype of CML. It is believed that agents inducing double-strand breaks in DNA such as ionising radiation or benzene play a significant part in the pathogenesis of CML, as the presence of double-strand DNA breaks facilitates the formation of fusion chromosomes and translocation of genomic fragments. Indeed, it has been noted that CML is more common in cohorts of patients that have previously undergone radiation treatment for an unrelated disease (e.g. ankylosing spondylitis) [117].

Many of the hereditary cancer-prone syndromes (Werner syndrome, Bloom syndrome, and others) are associated with increased rate of genome rearrangements. Repair by non-homologous end joining may occasionally result in genomic rearrangements.

### 2.4.2. Gene conversion

The template copying mechanism of DNA repair has its drawbacks, as the simple recovery of the lost or altered DNA sequence is not sufficient. The disadvantages, however, surface only rarely, when the template strand has also been altered so that it became different from the 'correct' blueprint. Gene conversion occurs as a result of homologous recombination between closely related DNA sequences. Homologous recombination (HR) is a normal cellular mechanism for repair of double-strand breaks. Gene conversion employs one DNA sequence as substrate for repair by recombination with another DNA sequence, effectively substituting the latter with the former. If the DNA sequence used as template carries alterations which make it different from the sequence which is under repair, the alterations in the template may be permanently introduced in the repaired sequence. Gene conversion has the potential to introduce alterations in the information content of DNA (exchanging one genomic sequence for another) as well as structural alterations (as it causes movement of fragments of DNA from one site to another).

Genetic disease may result from gene conversion. For example, many cases of congenital adrenal hyperplasia due to 21-hydroxylase deficiency are associated with gene conversion between the functional *CYP21A2* gene copy and a closely related, highly homologous pseudogene located on the same chromosome [118-120]. Other common genetic diseases such as retinoblastoma and spinal muscular atrophy (SMA) may also result from gene conversion between highly similar sequences. It is believed that this may be one of the rare outward expressions of ongoing molecular evolution.

### 2.4.3. Z-form of DNA

The right-handed double-strand B-form of DNA is the most common DNA form found in living cells [121]. A-DNA is similar to the B-DNA, but is more compact and is believed to be seen predominantly in vitro, in DNA-RNA hybrids and possibly in living cells in response to environmental factors such as dehydration [122, 123]. Z-DNA is another biologically active form of DNA which, unlike the right-handed A- and B-forms, exhibits a left-handed spiral (Fig. 8).
Figure 8. Different biologically active forms of DNA by order of prevalence in living cells: a) B-DNA, b) A-DNA, c) Z-DNA. The more commonly seen A- and B- forms of DNA wind from left to the right, while the Z- form winds from right to the left in a zigzagging pattern.

Apart from the helix sense (the direction of the winding of the spiral), Z-DNA exhibits other characteristics different from the properties of the A- and B-forms. For example, Z-DNA is ‘thinner’ with regard to its helix diameter (with A-DNA being the broadest and B-DNA of intermediate diameter); the number of base pairs per helix turn are 12 in the Z-form compared to the 10-11 turns of the other two forms; the base pairs are tilted at an angle of 9° to the helix axis (compared with the 19° of the A form and the 1° of the B-form). The topology of the grooves is also different between different forms of DNA, as Z-DNA has a flat major groove and a narrow deep minor groove while the other two forms generally have a shallow minor groove and a deep major groove [124-126].

Z-DNA may arise in vivo as a product of the B-form by relaxation of the torsion strain (supercoiling) of B-DNA. Supercoiling often occurs during in vivo DNA manipulation. For example, the progress of the RNA polymerases along the length of the DNA molecule during transcription results in negative supercoiling [127-129]. Z-DNA may also occur or stabilise following base substitutions in DNA and in regions containing tandemly repeated alternating purine/ pyrimidine tracts (e.g. (CG)n or (GT)n). Unlike B-DNA, Z-form of DNA has strong immunogenic properties. In some autoimmune diseases, such as systemic lupus erythematosus (SLE), anti-DNA antibodies bind more readily to Z-DNA than to B-DNA and specific anti-Z-DNA antibodies are a common finding [130].

Some of the enzymatic activities which act in repair of modified bases (O6-methylguanine methyltransferase) may not recognise modified nucleotides, buried in a DNA region in Z-form [131]. It was also proposed that the presence of Z-DNA regions in eukaryotic genomes
increase the risk of double-strand breaks, which, in turn, increases the risk for occurrence of large-scale genomic rearrangements and deletions [132, 133].

2.4.4. Triple-helix DNA

Triple-helix (triple-strand) DNA arises when a single DNA strand binds by hydrogen bonds (but not by Watson-Crick base pairing) to a preformed B-form DNA duplex [134, 135]. Triple-helix regions in DNA are commonly seen in vivo, e.g. in the control region of mitochondrial DNA (the D-loop). Similarly to the already mentioned risk for ‘missing' modified nucleotides buried in a region of Z-DNA (see above), some structural alterations in DNA (namely, psoralen-induced dimers between nucleotides from opposing strands) are not promptly repaired when positioned inside regions of triple-helix DNA [136]. It has been proposed that the triple-helix structure effectively screens the damage from the repair mechanisms by interfering with the binding of damage-recognising proteins to the damage site [137]. Later, it has been found that repair of dimers in regions with triple-helix topology may be facilitated by the non-histone chromatin protein HMGB1 by its binding to the damage site and actively recruiting the nucleotide excision repair complex proteins [138].

Apparently, repair of DNA in regions with unusual structure is complicated enough to have designated sub-mechanisms of its own.

The relative role of alterations of information content of DNA and structural alterations in DNA is difficult to assess as a factor in human disease. Some damaging agents cause DNA damage predominantly of the one or the other type [139, 140]. For example, UV irradiation induces occurrence of structural damage to DNA (e.g. dimers, strand breaks) much more often than alterations in the information content of DNA (e.g. base modifications, eventually resulting in base substitutions and nonsense mutations). DNA templates, containing dimers, however, may be copied incorrectly, producing an altered sequence.

2.5. Application of DNA damaging agents in anticancer therapy

Similia similibus curantur.

Paracelsus (1493-1541)

Modern anticancer therapy is largely based on the use of substances and/or agents acting by holding back or slowing down the proliferation of cancer cells. In most cases antitumour therapeutics are typical DNA-damaging agents, that is, they work by creating replication blocks, inhibiting the 'untangling' of DNA during nuclear transactions, introducing adducts and breaks in DNA, etc.

The capacity for infliction of DNA damage (genotoxicity) of various chemical and physical agents has been used in the treatment of human cancer even before the associated mechanisms of damage detection and repair and damage-induced cell death were made clear. The first ever chemotherapeutic drug used to treat malignant disease (lymphoma) in 1942 was an alkylating agent, a mustard gas derivative - namely, nitrogen mustard [141].

The consequences of the DNA damage inflicted by DNA damaging agents are suffered by all cells of the organism. Since the cells who divide at the fastest rate tend to be the most affected by genotoxic treatments, the cell types that receive the major impact of genotoxic damage are the cancer cells (which are, after all, the intended target), but also healthy cells who normally have rapid turnover, such as epidermal cells (skin, mucosa and skin appendages such as hair) and haematopoietic cells. Usually, after the acute genotoxic
influence is over, the functions of the affected cell populations are restored over time. Also, the toxic effects of antitumour therapy are usually dose limited, unless other factors (e.g. carriership of certain DNA polymorphisms, long-term effects of some chemical agents, such as compounds in tobacco smoke, etc.) are present which may precipitate increased toxicity or resistance to therapy.

Anticancer agents with genotoxic properties may be of chemical (e.g. cytostatic medication) or physical nature (e.g. ionising radiation). Below we present the properties of the major groups of modern anticancer drugs that work by inflicting DNA damage in tumour cells.

2.5.1. Anthracycline and anthracycline derivatives

Anthracyclines (Fig. 9) are fermentation products of Actinobacteria of the genus Streptomyces. Historically, the first proof of the antitumour capacity of anthracyclines appeared in the late 60-ties of the XX century for daunomycin, isolated from Streptomyces peucetius var. caesius [142]. Since then, generic anthracycline, as well as doxorubicin, daunorubicin and derivatives, such as adriamycin, epirubicin, idarubicin, and valrubicin have been widely used in anticancer therapy.

The antitumour properties of anthracyclines are exerted via more than one mechanism [143, 144]. They act as intercalating agents in DNA, creating steric impediments to the progression of the replication fork. Also, anthracyclines inhibit the activity of topoisomerase II, an enzymatic activity modifying DNA topology by introducing double-strand breaks in DNA through which the strand is passed in order to relax supercoils. Presence of anthracyclines in eukaryotic cells causes persistence of double-strand breaks in DNA. The latter are powerful signal for induction of cell cycle arrest and/or apoptosis, if the cancer cell is capable of it [145]. Finally, anthracyclines work by inducing oxidative stress in the cell, enhancing the production of reactive oxygen species [146].

Anthracyclines are often used as first-line drugs in the treatment of breast cancer and other carcinomas, leukemias, soft tissue sarcomas, etc. They may be used alone or in combination with other antitumour agents, such as vincristine and bleomycin. Doxorubicin has the broadest spectrum of activity in the anthracycline group so far.

The overall response rate for anthracyclines (defined as the proportion of patients in which the tumour shrinks in size or becomes undetectable by routine methods) is between 40 and 50%, depending on the type, size and site of the tumour. The response rate for anthracyclines is comparable only to the rate achieved with platinum derivatives (see below). All other contemporarily used chemotherapeutics are less effective in terms of their overall response rate, unless they are used in combined therapeutic regimens.

The most frequently seen adverse effect of anthracycline treatment is inhibition of haematopoiesis, manifesting as leuko- and neutropenia that may become clinically significant. Another serious adverse effect is cardiotoxicity, which may result in acute cardiac effects or congestive heart failure. Anthracyclines also produce transitory but universal epilation, mucositis and gastrointestinal disturbances (nausea, vomiting and diarrhoea).
Doxorubicin
Daunorubicin
Epirubicin
2.5.2. Anthracenediones
These are anthracycline analogues characterised by decreased (but still significant) cardiac
toxicity. Mitoxantrone (anthracenedione) (Fig. 10) is an inhibitor of DNA topoisomerase II,
like the generic anthracycline. It works by introducing double-strand breaks in DNA which
serve as a potent signal for induction of cell cycle arrest. Mitoxantrone is often used in
combination therapy with cytosine arabinoside (cytarabine), a pyrimidine analogue (see
below).

Mitoxantrone is less effective in forming free radicals that the anthracyclines and has
lower DNA intercalating properties [147]. It is usually prescribed for the treatment of
haematological malignancies (leukemias) and is also used in chemotherapy for breast
cancer. Apart from its anticancer activity, mitoxantrone possesses immunomodulating
properties, which justifies its use in the treatment of aggressive forms of multiple sclerosis.
In 2002, FDA extended approval for use of mitoxantrone in aggressive relapsing-remitting
multiple sclerosis, secondary-progressive multiple sclerosis, and progressive-relapsing
multiple sclerosis. It has been found since to reduce the progression of disability and clinical
exacerbations with only a small proportion of patients experiencing short-term adverse effects [148, 149]. Recently, however, data has been steadily accumulating that use of mitoxanthrone as an immunosuppressive agent is associated with increased risk of leukemia later on [150, 151], which is likely to reflect the late consequences of DNA damage.

2.5.3. Alkylating agents
This group of anticancer chemotherapeutics is rather diverse, including the so-called 'classic' alkylating drugs, such as cyclophosphamide, ifosfamide, busulfan, melphalan, chlorambucil (Fig. 11), etc., as well as some 'non-classic' such as altretamine, procarbazine and dacarbazine (Fig. 12). The classic alkylating drugs work by direct alkylation of DNA bases (usually on a guanosine residue). The newer 'non-classic' alkylators are metabolised by a variety of pathways, eventually producing a reactive methyl group methylating DNA [152]. The presence of the alkylated bases creates steric impediments to DNA replication.

Nitrogen mustards constitute a major group in classic alkylating agents. Among these, oxazaphosphorines (cyclophosphamide, ifosfamide, trofosfamide) are most commonly used, closely followed by another nitrogen mustard, melphalan. Cyclophosphamide is often used as a first-line treatment of leukemia and lymphoma, and also in chemotherapy regimens for some solid tumours such as breast cancer. The nitrogen mustards are metabolised in the liver, producing phosphoramide mustard, which is the active metabolite. The mechanism of action is based on the capacity of the phosphoramide mustard to induce crosslinks in DNA, between deoxyguanosine residues in the same strand (interstrand) as well as between strands (intrastrand crosslinks) [153, 154].
Another commonly used therapeutic application of cyclophosphamide is immunosuppressive therapy. Like other cytostatic drugs used as immunosuppressive agents (e.g. the mentioned above mitoxantrone), cyclophosphamide increases the long-term risk for cancer, especially for bladder cancer. This is due to the carcinogenic properties of acrolein, a product of the metabolism of nitrogen mustards. A specific adverse effect of the use of cyclophosphamide and ifosfamide resulting from their urotoxic properties is haemorrhagic cystitis; therefore, they are most commonly prescribed together with the sodium salt of 2-mercaptoethane sulfonate (MESNA), which decreases the severity of symptoms of haemorrhagic cystitis. As is the case with most cytostatic medications, treatment with nitrogen mustards may be associated with suppression of haematopoiesis. The alkylsulfonate busulfan used to be a first-line therapy for certain types of leukemia, but currently is more and more often substituted with the tyrosine kinase drug Imatinib. Busulfan treatment is, however, less expensive; therefore, it may still be prescribed whenever cost of treatment is critically important.
Non-classic alkylating agents are usually used as a part of a combination regimen and are not first-line treatment choices, unless in a combination with other anticancer drugs. Single-agent use of non-classic alkylators has been shown to be associated with low complete response rates and short-lived beneficial effects [157]. An exception to this is dacarbazine, which is the only single-agent drug currently approved by the FDA for treatment of metastatic melanoma [158].

### 2.5.4. Agents producing bulky adducts in DNA

Typical representatives of this group are platinum-based anticancer drugs - cisplatin (the first to be identified and developed), carboplatin, oxaliplatin, picoplatin, triplatin, and others. As with many significant discoveries, the identification of the anticancer properties of platinum compounds was purely accidental. In 1965, Barnett Rosenberg, a chemist working at the time in the Biophysics department of the Michigan State University, was studying the effects of electric fields on bacterial growth. He and his co-workers repeatedly observed that bacterial cells placed in electric current would stop dividing, but grew in size, and made the conclusion that there was an unknown compound, possibly an electrolysis product that inhibited their division [159, 160]. As it turned out, the electrodes used to generate the electric field were made of platinum, and the compound that was making the cells stop dividing was cisplatin. Three years later, in 1968, it was demonstrated in mouse models that platinum compounds caused tumours to shrink. After more than a decade of experiments and trials, in 1978, the first platinum derivative - cisplatin (trade name Platinol) was approved by FDA for treatment of human cancer. Platinum derivatives cause dG-dG intrastrand crosslinks, but also dG-dA adducts, interstrand crosslinks and DNA-protein crosslinks [68].

Platinum compounds are coordination complexes of platinum ion with four or six ligands, with a square planar or hexahedral configuration, respectively (Fig. 13).
The trans isomer of cisplatin has the same chemical composition as cisplatin, but is clinically inefficient, probably because of rapid deactivation before actually reaching the target cells and formation of DNA adducts different from those produced by cisplatin [161, 162].

Classic platinum compounds (first generation - cisplatin, second generation - carboplatin, third generation - oxaliplatin) and some of the newer platinum-based drugs (e.g. picoplatin, considered to be a third generation drug) are platinum (II), while others (e.g. satraplatin, the only orally administered platinum derivative) are platinum (IV) complexes. Due to their unique structure, platinum anticancer agents are not metabolised or biodegraded, as most anticancer drugs are. To yield a reactive moiety capable of interaction with DNA within the cell, the chlorine atoms attached to the platinum ion in the centre of the complex must be removed. This is not implemented by catalytic events, however, but by spontaneous displacement reactions by electron donors, e.g. water molecules (aqua ligands), sulphur-containing groups (e.g. from proteins - e.g. glutathione, metallothionein, etc. and amino groups - cysteine, methionine). The aqua ligands may then be exchanged with nitrogen atoms from nitrogenous bases in DNA (commonly, N7 from closely located guanines or, more rarely, N7 or N1 of adenines), forming bulky adducts in DNA [163, 164].

Cisplatin is fairly unstable in vivo, the half-life being between 20 and 30 minutes [165]. Carboplatin (paraplatin) decays more slowly, following a biphasic pattern, the initial half-life phase being complete in 1.5-2 h and the post-distribution half-life phase - about 6 h after the IV administration [166]. Oxaliplatin has somewhat different properties to cisplatin, being rapidly processed (again, by non-enzymatic mechanism) before entering the cell (in plasma) by displacement of the oxalate group, producing dichloroplatinum complexes that subsequently enter the cell [167]. Picoplatin was developed for the purposes of overcoming resistance to platinum agents in tumour cells that were previously treated with 'classic' platinum drugs such as cisplatin and carboplatin [168]. Similarly to cisplatin, picoplatin undergoes spontaneous hydrolysis, displacing the chloride ions with aqua ligands, but the access of the sulphhydryl groups of various cellular compounds to the platinum ion in the centre of picoplatin is more difficult than in first- and second-generation platinum derivatives [169]. Unlike many drugs administered intravenously, the platinum-containing complexes are not rapidly bound to plasma proteins, but, rather, the platinum atoms become bound to plasma proteins such as albumin, transferrin, and gamma globulin within 2-3 hours of IV administration. The platinum-protein complexes are then slowly cleared over several days.

Platinum compounds are among the most commonly used and most efficient anticancer therapeutics, with a response rate of 25-35% when used as a single agent and over 50% (in some cases, up to 70%) when used in combination with other agents [143, 170]. Platinum agents are often used as first-line treatment for haematological malignancies as well as for solid tumours. The most common adverse effects related to the treatment with platinum compounds are renal toxicity (much less pronounced in second-generation platinum compounds, such as carboplatin and oxaliplatin than in cisplatin); neurotoxicity (may be
persistent, even after cessation of the therapy); cardiotoxicity and gastrointestinal disturbances. Administration of N-acetyl-L-cysteine or sodium thiosulfate in the course of treatment with platinum derivatives was shown to significantly reduce the nephrotoxic effects in vitro and in animal models, probably via formation of a biologically inactive complex [171, 172]. Unlike most cytotoxic drugs, treatment with platinum compounds only rarely causes epilation and was not found to be associated with immune suppression. On the contrary, it has been repeatedly demonstrated that the immunostimulatory properties of dendritic cells are enhanced in vitro as well as in vivo after treatment with platinum derivatives [173, 174]. Despite the high initial response rates, most tumours eventually develop resistance to platinum derivatives [175, 176].

Another group of chemotherapeutic drugs acting by inducing crosslinks in DNA are the aziridine derivatives, among which prominent are mitomycin C and thioTEPA. Mitomycin C has specificity for guanine residues at CpG dinucleotides in DNA [177]. It has applications other than anticancer therapy (e.g. prevention of tissue outgrowth (scarring) in eye surgery) [178]. ThioTEPA presently still has an orphan drug designation by FDA. Because of its high haematological toxicity, it is used mainly in pretransplantation conditioning regimens in the treatment of haematological malignancies [179]. ThioTEPA may be sometimes used in the treatment of various solid tumours, but in lower doses.

2.5.5. Antimetabolites (nucleotide analogues)
These are modified purine analogues of 'regular' nucleotides in DNA or compounds that inhibit the synthesis of 'regular' nucleotides. Example of the latter is the most commonly used antimetabolite drug, methotrexate. It works by inhibition of dihydrofolate reductase (DHFR), an enzyme catalysing the conversion of dihydrofolate to tetrahydrofolate, which is needed for the biosynthesis of thymidine and the purine nucleotides [180]. Methotrexate effectively starves the cell for nucleotide precursors, causing a replication block. Some antimetabolite drugs (including methotrexate), are chemically similar to folic acid (antifolates). They usually bind to and inhibit the activity of dihydrofolate reductase. Pemetrexed is an antifolate agent capable of inhibiting more than one enzymatic activity needed for the synthesis of nucleic acids - specifically, DHFR, thymidilate synthase, and the aminomimidazole carboxamide ribonucleotide formyltransferase (AICART) [181]. The most popularly used pyrimidine analogues are cytarabine, gemcitabine, 5-fluorouracil, capecitabine (metabolised to 5-fluorouracil), and others. Gemcitabine also works as inhibitor of ribonucleotide reductase (RNR, the enzymatic activity catalysing the conversion of ribonucleotides to deoxyribonucleotides [reviewed in 182]. Commonly used purine analogues besides methotrexate are 6-mercaptopurine, azathioprine (metabolised to mercaptopurine) and thioguanine.

Some antimetabolite drugs (azathioprine, methotrexate) are routinely used in immunosuppressive regimens. Other antimetabolite drugs (trimethoprim, pyrimethamine, proguanil and others) may be used in treatment of infectious disease caused by protozoa (malaria, toxoplasmosis, etc.) [reviewed in 183].

Most nucleotide analogues exhibit long-term carcinogenic effects [184, 185].

2.5.6. Chemotherapeutics introducing double-strand breaks in DNA (radiomimetics)
Radiomimetics are a group of drugs whose genotoxic effects resemble the DNA damage caused by ionising radiation (double-strand breaks). This group of anticancer drugs generally works by stimulation of the intracellular production of ROS, which, in turn, induce double-strand breaks in DNA [186, 187]. Prominent members of the group of radiomimetics are the classic anticancer drug bleomycin and also some more recently developed drugs, such as neocarzinostatin, actinoxanthine, etc. [188]. Radiomimetics are used in the treatment of lymphoma (Hodgkin and non-Hodgkin alike) and some solid tumours (e.g. liver cancer).

Sensitivity to radiomimetics and, for that matter, to ionising radiation, is observed in several inherited disorders, such as ataxia-telangiectasia and Nijmegen breakage syndrome [189, 190]. Some common polymorphic variants of the genes coding for repair proteins (e.g. XPC) are also associated with increased sensitivity to bleomycin [191].

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